

Toward a New Paradigm: Postmaterialism, Consciousness, and Spiritual Self-Transformation

(160 academic hours)

Program goals The content of this educational Program integrates innovative insights from physics, neuroscience, psychology, management sciences, and other fields of research, as well as art. Participants will engage in a reflective, practice-based research process over the course of less than a year, guided by international experts, to explore and reflect on the interplay between consciousness and reality. This approach provides participants with the opportunity to expand their understanding of human experience through a multidimensional and well-informed perspective. The program includes lectures and workshops, as well as a structured process of reflection and research.

Overview of the program and lecturers

	University of Western Ontario, Canada Imants Barušs, PhD	"Authenticity", "Quantum Mind", "Access to inner wisdom"
	City University of New York, USA Michael Grosso, PhD	"A New Paradigm of Consciousness"
	University of Oregon, USA Marjorie Woollacott, PhD	"Filters on the Brain, related to NDEs, Meditation, Psilocybin", "Consciousness and Neuroscience"
	Alicante Instituto de Neurociencias, Spain Alex Gomez-Marin, PhD	"PSI Research"
	Fanshawe College, Canada Monika Mandoki, PhD	"The Nature of Reality"
	St. Joseph's University, USA William Bengston, PhD	"Healing with Intent Lab Experiments"
	Leeds Beckett University, UK Steve Taylor, PhD	"The Psychology of Spiritual Awakening"
	Federal University of Juiz de Fora, Brazil Alexander Moreira-Almeida, PhD	"Mind Beyond the Brain: Pragmatic Interactionist Framework", "Survival of Consciousness after Bodily Death"
	Columbia University, USA Lorne Schussel, PhD	"Contemplative Science and Clinical Psychology", "Bio-Energy, Human Connectivity, and Sound Healing"
	Uni. of Virginia's Division of Perceptual Studies, USA Marina Weiler, PhD	"Neuroscience, Anomalous Experiences"
	Johns Hopkins University, USA William Richards, PhD	"Alternative States of Consciousness: Competent Use of Psychedelics; Potential Significance in Medicine, Education, and Religion"
	Chair of Society for Scientific Exploration, USA Chantal Toporow, PhD	"Art as PSI Portal to the Mysterious, Mystical, Magical, and Miraculous" "The Power of Nature: Science, Folklore, and Practices in Evoking the Divine"
	Public intellectual, USA Robert Lawrence Kuhn, PhD	"Landscape of Consciousness: Toward a Taxonomy of Explanations and Implications"
	The Chopra Foundation Chopra, USA Deepak Chopra, MD	"Meaning of Life and Self-realization"
	California Institute of Human Science, USA Jeffery Martin, PhD	"Persistent Non-Symbolic Experience and Fundamental Wellbeing"

Target audience	Professionals from different fields with an interest in exploring consciousness and reality through a scientific lens, <u>who possess at least a bachelor's degree</u>
Curriculum outcomes	<ul style="list-style-type: none"> • Comprehensive Knowledge and Integration of Interdisciplinary Perspectives about Consciousness • Enhanced Critical Thinking and Communication Skills about Consciousness and Spirituality • Practical Methods for Exploring Altered States of Consciousness • Opportunity to reflect on personal understanding of consciousness and reality
Features of the Program	<ul style="list-style-type: none"> • Professionals from countries all over the globe are invited to participate. • Participants will have an opportunity to provide information for program evaluation research, whose purpose is to investigate the way the Program affects its participants psychologically. • In between sessions participants will receive assignments to complete on their own.
Practical information about the Program	<p>Structure: The program is divided into two modules:</p> <p>Module 1: Core Ideas (10 sessions) February 15th - June 14th, 2025</p> <p>Module 2: Special Topics (10 sessions) September 14th - December 20th, 2025</p> <p>An introductory session will be held at the beginning of the first module (on February 8), and a final session will take place at the end of the second module (on December 27).</p> <p>Scheduling: Sessions will generally take place every second Saturday, but in some months, there may be two consecutive Saturdays.</p> <p>Time: the course will be delivered remotely via Zoom according to the schedule below: 5 PM - 8 PM (GMT).</p> <p>Language: All sessions will be held in English.</p> <p>Homework: Participants will be required to read a paper or chapter prior to each lecture and submit a reflection paper afterwards, which will be graded.</p> <p>Research: As part of this program, you will be invited to participate in a research study. Your participation will contribute to understanding impact of the program and will be voluntary.</p>
Continuing medical education points	160.0
Fee and application	<p>Price: full fee is 2500 EUR (payable in one lump sum), or 2700 EUR payable in two installments of 1350 EUR each.</p> <p>Payment is due after receiving a confirmation email regarding acceptance into the group.</p> <p>Class size: the number of available places is limited to 50 participants.</p> <p>Application to the program can be made by completing the following form: https://forms.office.com/e/jgq7Y94G1H</p> <p>Important: To complete the application procedure, documents confirming your education should be sent via email to kursi@rsu.lv</p>

TIMETABLE

MODULE 1	
No.	Date
1.	February 8 th , 2025 (an introductory session)
2.	February 15 th , 2025
3.	March 1 st , 2025
4.	March 15 th , 2025
5.	March 29 th , 2025
6.	April 12 th , 2025
7.	April 26 th , 2025
8.	May 10 th , 2025
9.	May 17 th , 2025
10.	May 31 st , 2025
11.	June 14 th , 2025
MODULE 2	
No.	Date
12.	September 13 th , 2025
13.	September 27 th , 2025
14.	October 11 th , 2025
15.	October 18 th , 2025
16.	October 25 th , 2025
17.	November 8 th , 2025
18.	November 15 th , 2025
19.	November 22 nd , 2025
20.	December 6 th , 2025
21.	December 20 th , 2025
22.	December 27 th , 2025 (a final session)