



HEALTH AND PERSONALITY
DEVELOPMENT:
AN INTERDISCIPLINARY APPROACH



RĪGA STRADIŅŠ
UNIVERSITY

Psyche & Medicine

In the Light of Ancestral Wisdom Traditions

Dr Geoff Berry, naturecalling.org

Australian representative to the
International Ecopsychology Society

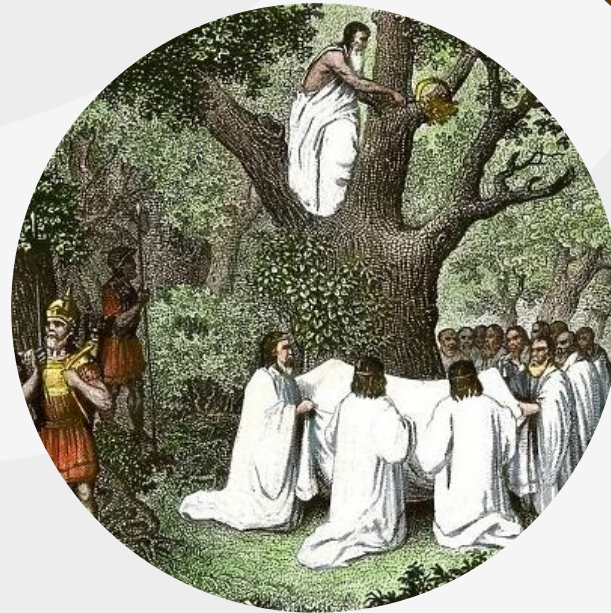
18th – 20th April, 2024



Ancestral Practices Re-membered

Ecomythic Rituals

- Deepen Relationship with Source
- Embodied Consciousness
- Awakening to Gnosis
- Core benefit: unquestionable sense of belonging



Breathe in & Sense your Place

- Myth & Ritual – Story & Experience
- Psychology – Lore of the Soul
- Light & Darkness as Medicine – that inner glow
- Recapturing Ancestral Patterns – spontaneous arising



Stone Circles

- Celestial Alignments – connected to the cosmos
- Related with Seasonal Cycles – the Tao of Flow
- Also pre-agricultural evidence (Aboriginal Australia)



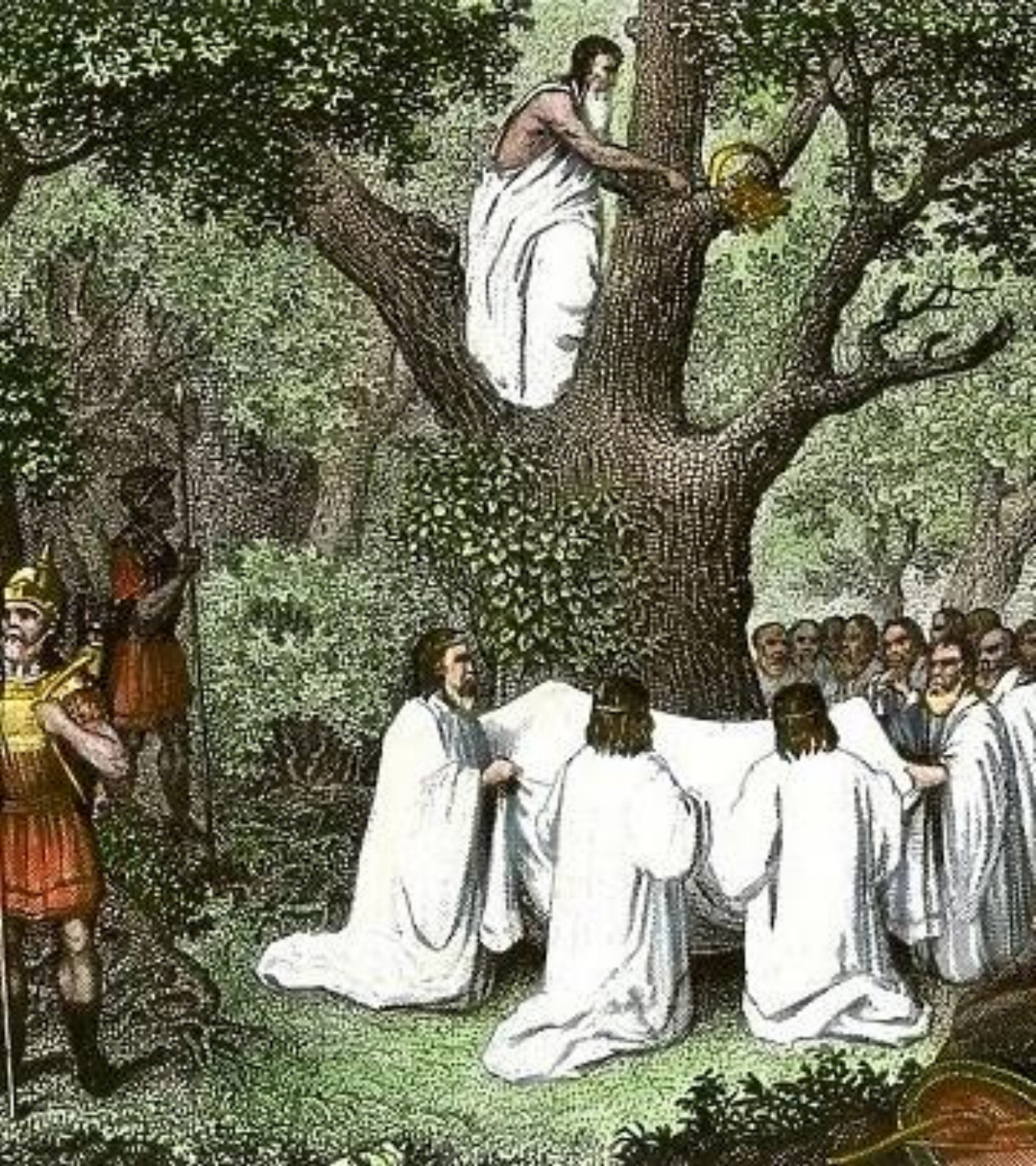
Stone Tombs & Wombs

- Rebirth out of the Body of the Earth
- Reweaving the Self back into the Matrix
- In Time and Eternal



Sacred Groves

- People of the Great Forest
- Knowledge Keepers – the Lore of Trees
- Druids and Witches – Medicine & Rites





HEALTH AND PERSONALITY
DEVELOPMENT:
AN INTERDISCIPLINARY APPROACH



RĪGA STRADIŅŠ
UNIVERSITY

Psyche & Medicine

In the Light of Ancestral Wisdom Traditions

Dr Geoff Berry, naturecalling.org

Australian representative to the
International Ecopsychology Society

18th – 20th April, 2024

