

# INTERNATIONAL SYMPOSIUM ON FIBROMYALGIA

**Fibromyalgia in Focus: A Multidisciplinary Exploration of its  
Complexities and Impact on Society**

**JANUARY 24, 2025, RIGA STRADINS UNIVERSITY**

**RIGA, LATVIA**

## TIMETABLE AND SCIENTIFIC PROGRAM

### Organizers:

**Zaiga Nora-Krukle, Yehuda Shoenfeld, Viktorija Kenina,  
Howard Amital, Modra Murovska, Gilad Halpert, Yuri Ostrinski**

### Website:

[www.rsu.lv/en/events/international-symposium-fibromyalgia](http://www.rsu.lv/en/events/international-symposium-fibromyalgia)

**FRIDAY, JANUARY 24, 2025**

**REGISTRATION, OPENING**

TIME	LECTURER	TITLE
09:00-09:50		Gathering & registration
09:50- 10:00	Zaiga Nora-Krukle Howard Amital Viktorija Kenina	Opening words

**Session 1: Pathogenesis of Fibromyalgia**

**Chairs: Zaiga Nora-Krukle, Yuri Ostrinski**

TIME	LECTURER	COUNTRY	TITLE
10:00-10:30	Yehuda Shoenfeld	Israel	Fibromyalgia as an autoimmune disease; the role of anti GPCR autoantibodies
10:30-11:00	Gilad Halpert	Israel	Deciphering the underlying mechanism of fibromyalgia using extracellular vesicles
11:00-11:30			Round table discussion

<b>11:30-12:00</b>	<b>Coffee break, exhibition</b>
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**Session 2: Challenges in Fibromyalgia Diagnosis**

**Chairs: Viktorija Kenina, Gilad Halpert**

TIME	LECTURER	COUNTRY	TITLE
12:00-12:30	Howard Amital	Israel	Fibromyalgia – an enigmatic condition
12:30-13:00	Marija Roddate	Latvia	What can be hidden under fibromyalgia
13:00-13:30			Round table discussion

<b>13:30-14:30</b>	<b>Lunch break, exhibition</b>
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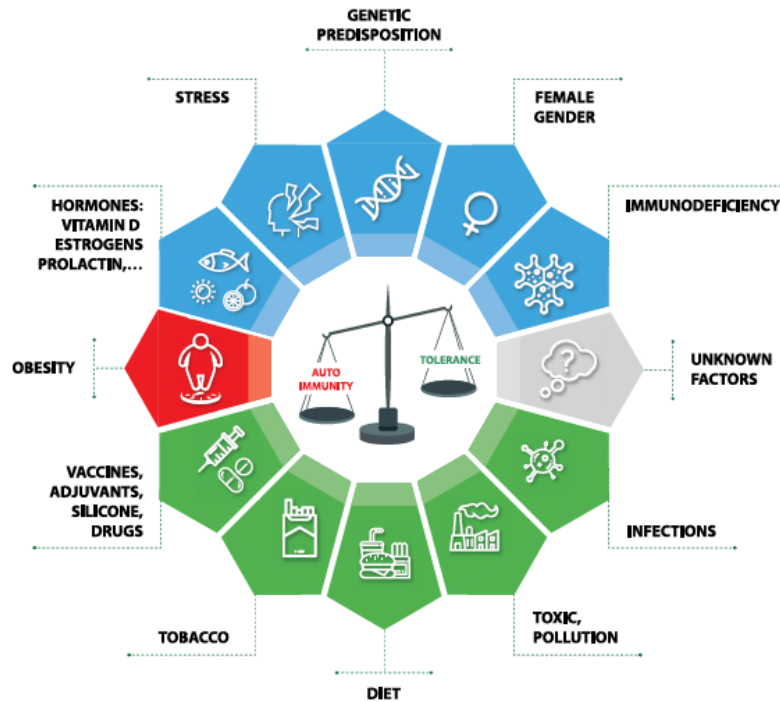
**Session 3: Treatment strategies for Fibromyalgia**

**Chairs: Howard Amital, Modra Murovska**

TIME	LECTURER	COUNTRY	TITLE
14:30-14:50	Howard Amital	Israel	Fibromyalgia treatment – our experience with cannabis.
14:50-15:10	Yuri Ostrinski	Latvia, Israel	Disease-targeted physical activity program as a Novel Therapeutic Strategy for Fibromyalgia.
15:10-15:30	Līva Mača	Latvia	Fibromyalgia and Mental Health: what's the connection?
15:30-16:30			Round table discussion, conclusion, closing words

<b>17:00-18:30</b>	<b>PATIENTS SESSION</b>
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## ENDOGENOUS FACTORS



## EXTERNAL FACTORS

## Acknowledgments



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"RSU internal and RSU with LSPA external consolidation", No.5.2.1.1.i.0/2/24/1/CFLA/005 Grant "Exploring the Autoimmune Dimensions of Fibromyalgia: Deciphering Microbiome, Viral Triggers, and Immunological Patterns to Promote a Patient-Centered Approach", No. RSU-PAG-2024/1-0009